



**Optimize Balance, Posture and Gait
& Improve Strength, Stamina, Agility & much more...**

#YourBetterVersion

UNLEASH THE BEAST
A HEALTH AND WELLNESS CAMP



DATE
August 10th 2022

TIME
7:00 am onwards

VENUE:
Gold's Gym, Powai, Centre
Supreme City, Stilt Level 04, Supreme Business Park,
behind Lake Castle, Hiranandani Gardens, Powai,
Mumbai, Maharashtra 400076